



DISC in Teams – Full or Half Day

DISC profiling is a powerful workplace behaviour model. It can be used very successfully in a number of ways including as a powerful team-building tool.

When teams understand each other's profiles, they are able to work more cohesively, therefore enabling more collaboration and productivity due to a greater understanding of the people involved.

DISC (dominance, influence, steadiness and compliance) training involves assessing an individual's personality and behavioural traits aimed at building stronger, more fulfilling relationships. In an organisational sense, DISC training and assessments are designed to improve interpersonal communications, connect with co-workers more effectively and understand what you need to maximise your potential.

This session normally includes an individual DISC profile for each of the participants. Questionnaires are completed online, they take around 10 min. This individual profile is inclusive of up to 30 min individual Zoom feedback session and 12-page individual report provided in pdf format via email.

Fees and dates are negotiable for on-site courses, public course dates and fees can be provided on request.

What it covers:

- The four competencies of Emotional Intelligence
- Why DISC in team building
- The Johari Window
- Recognising & managing DISC characteristics in the workplace
- Matching people with jobs
- Strategies for blending and capitalising behaviour